



## SEPTEMBER 2018 – G.C.P. MONTHLY NEWSLETTER

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This month, the students spent time on learning about their peers with name games and songs, discussing their own likes and dislikes, and identifying people in their families. They spent time drawing self-portraits with emphasis on recognition of facial features and placement of body parts. Family Trees and birthday boards for our classroom are still underway and we thank you all for bringing in your family and individual pictures! We took our learning on Families to focus on the letter “F” where we have transitioned to the season of Fall. The children have been gaining awareness of their senses as we Listen, Look, Smell, and Feel what is around us on our nature walks/outdoor physical literacy. After collecting natural materials from these experiences, we brought the letter “F” to the art table where the children were able to create a unique picture from glueing sticks, leaves and pinecones. We then end our month by learning that there are 4 seasons in a year.

Song: If You Know All the Seasons | Four Seasons Song for Kids | The Kiboomers – Youtube ☺

Words we learned that start with letter “F” – Let’s practice at home

1) Family 2) Fall 3) Friends 4) Fish 5) Frog 6) Frustrated

Songs: Slippery Fish and Five Green and Speckled Frogs

Emotional Literacy – What can we do when we feel “F”rustrated? – Learning breathing techniques and exercises for successful resilience such as visualizing smelling a birthday cake (breath from the nose) and blowing out a birthday candle (exhale from the mouth). We also do “Dragon Breathing” – inhale and blow out fire! ROAR!



## What to Expect for the Month of OCTOBER

Our theme this month about Fall Harvest! We discuss Pumpkin and as some of our



vegetables. We will be creating apple and potato stamps, making Thankfulness Wreaths, learning new finger-play songs and gutting and carving goopy pumpkins! Students will also be able to dress up for our costume parties held in class on October 30<sup>th</sup> and 31<sup>st</sup>!

at the preschool is will be taking time to Apple harvests, as well favourite root

**Remember** that proper outdoor clothing should always be coming to preschool. We like to explore the outdoors, go for walks, and play at our nearby playground so, always come prepared!

### **SPORTBALL COMING!**

**3AM Class: Oct 15- 10:50**

**2 AM Class: Oct 18- 10:45**

**2PM Class: Oct 18- 1:15**

**3PM – please speak to teachers about joining a class**

### **Will your child be absent for class?**

Please let staff know when your child will be absent. You can let them know directly in person or call the school at 403.246.5015.

### **PICTURE DAY UPDATE**

Pictures are now happening:

**TUESDAY OCT 9th** and

**WEDNESDAY OCT 10<sup>th</sup>.**

### **SCHOOL CLOSURES**

1) **Monday October 8 - HAPPY THANKSGIVING EVERYONE!!!!**

2) **Friday October 26 - PD Day.**